



INSPIRE + EXCEED YOUR BEST! REGISTER YOGA TRAINING YOGA COURSE

in Saint Louis, Missouri

Next Yoga Teacher Training TBA

Vinyasa yoga is safe yet challenging, creative and also extremely effective in meeting the unique needs of a diverse student body and can be taught anywhere from gyms to corporations. Join Michelle Maue, 14 years corporate wellness instructor, also owner of her own yoga studio in Clayton since 2003. Earn your 200 hr Yoga Alliance Teacher Training Certification and confidently lead others into the light....

SPACE IS LIMITED SO BOOK EARLY!!

For more information, please contact Michelle at michellemaue@me.com